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GROWTH INHIBITION OF PLASMODIUM FALCIPARUM INVOLVING CARBON CENTERED IRON-CHELATE RADICAL (L[·], X⁻)-Fe(III) BASED ON PYRIDOXAL-BETAINE. A NOVEL TYPE OF ANTIMALARIALS ACTIVE AGAINST CHLOROQUINE-RESISTANT PARASITES

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Malaria parasites have been shown to be more susceptible to oxidative stress than their host erythrocytes. In the present work, a chloroquine resistant malaria parasite, *Plasmodium falciparum* (FCR-3) was found to be susceptible in vitro to a pyridoxal based iron chelator - (1-[*N*-ethoxycarbonylmethylpyridoxlidenium]-2-[2'-pyridyl] hydrazine bromide - (code named L2-9). 2h exposure to 20 μ M L2-9 was sufficient to irreversibly inhibit parasite growth. Desferrioxamine blocked the drug effect, indicating the requirement for iron. Oxygen however, was not essential. Spectrophotometric analysis showed that under anoxic conditions, L2-9-Fe(II) chelate undergoes an intramolecular redox reaction which presumably involves a one electron transfer and is expected to result in the formation of free radical. Spin trapping coupled to electron spin resonance (ESR) studies of L2-9-iron chelate showed that L2-9-Fe(II) produced free radicals both in the presence and absence of cells, while L2-9-Fe(III) produced free radicals only in the presence of actively metabolising cells.

KEY WORDS: red blood cells, *Plasmodium falciparum*, iron chelates, free radicals, electron spin resonance.

ABBREVIATIONS: RBC, red blood cells; DFO, desferrioxamine; ESR, electron spin resonance.

INTRODUCTION

The wide spread of multidrug resistant strains of the malarial parasite – *P. falciparum* that are now resistant to the quinine-related antimalarials calls for fundamental change in the design of novel chemotherapeutical agents. Clinical observations have shown that iron metabolism and malarial infection are closely interrelated,^{1,2} and several studies have been designed to explore the effect of iron chelators on the growth of *P. falciparum*.³⁻⁶ The binding of iron to redox-active sequestering agents could give

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rise to opposite biological effects, namely, either to enhancement of an oxidative (free radical) damage to the cell,⁷ or inversely to an inhibition of such an effect. Mechanistically, chelators can operate by several distinctly different modes. One mode may involve mediation in transferring of the metal-ion to a cell receptor, invoking a damaging process to the latter. Another mode may invoke modification of the electrochemical gradient of the metal-ion. Alternatively, the chelator may act as a catalyst for converting essential cell metabolites into harmful free radicals by promoting a single-electron-transfer (SET) process.

In vivo and in vitro observations suggest that oxidative stress plays a dominant role in the defense against parasitic infections. Malarial parasites have been shown to be more susceptible to oxidative stress than their host erythrocytes.⁸⁻¹¹ Injection of malaria infected mice with alloxan which is known to increase in vivo the production of highly reactive oxygen species such as O_2^- , H_2O_2 , and 'OH markedly reduced the parasitemia.^{12,13} There is also evidence that activated macrophages contribute through reactive oxygen intermediates (ROI) and other secretory products to rodent immunity against malaria.¹⁴ The concept of free radical induced damage and the greater susceptibility of parasitized erythrocytes to oxidant damage provides a number of possibilities for malaria control.

In the present study, the chloroquine-resistant strain of *P. falciparum* is shown to be susceptible to $20 \,\mu$ M of an iron chelator (L2-9 = L⁺, X⁻) based on pyridoxalbetaine. Most significantly, the latter was observed to inhibit the growth of parasites after 2 hours of incubation.³ This inhibition could be reversed by equimolar concentration of desferrioxamine (DFO). This result could be rationalized by viewing the chelator as functioning not only as a metal sequestrant capable of depriving the parasite of essential iron, but also as an inducer of free radical intermediates which lead to the death of the parasite. To substantiate this rational, we undertook an electron spin resonance (ESR) study (using spin traps such as PBN and DMPO) of L2-9. Most significantly, we observed that whereas the Fe(II)-chelate [(L⁺, X⁻)-Fe(II)] induces the production of carbon-centered free radicals both in the presence and in the absence of cells (parasites), the corresponding Fe(III)-chelate [(L⁺, X⁻)-Fe(III)] could do so only in the presence of living cells.

MATERIALS AND METHODS

Chemicals: The ligand, 1-[*N*-ethoxycarbonylmethyl-pyridoxylidenium]-2-[2'-pyridyl] hydrazine bromide (code named L2-9) was synthesized by exposing pyridoxal pyridyl hydrazone to the action of ethyl bromoacetate. Desferrioxamine B methanesulphonate (DFO) was obtained from CIBA, Horsham, Sussex-UK. α -phenyl-*N*-tertbutylnitrone (PBN) and 5,5-dimethyl-1-pyrroline-*N*-oxide (DMPO) were purchased from Aldrich. DMPO was purified before use by distillation or by activated charcoal. The DMPO concentration in aqueous solutions was determined spectroscopically. Fe₂(SO₄)₃ and FeSO₄ were obtained from Fisher Scientific Co. (Silver Spring, MD); RPMI 1640 from GIBCO (Grand Island, NY USA); HEPES from Sigma Chem. Co. (USA). All other chemicals were of analytical grade.

Parasites: P. falciparum (FCR-3) was obtained from a stock of a continuous line maintained in human A⁺ erythrocytes in RPMI 1640 medium containing 10% plasma.¹⁵ Parasites were synchronized by either the sorbitol treatment,¹⁶ gelatine sedimentation¹⁷

or a combination of both. Before use, parasites were washed twice with RPMI 1640 without plasma and once with HEPES/NaHCO₃ buffer (pH 7.2), and resuspended in the HEPES/NaHCO₃ buffer to a concentration of 10⁹ cells/ml.

Influence of DFO on the inhibitory potential of L2-9. Parasites were synchronized by gelatin sedimentation and adjusted to 0.4% parasitemia and 4% haematocrit. This was dispensed equally into 15 ml centrifuge tubes. To these were added either 4 ml of RPMI 1640 normal growth medium, L2-9, DFO or 2 ml each of DFO and L2-9. For the L2-9/DFO mixture, parasites were first suspended in 2 ml of 80 μ M DFO for 15 min, and then 2 ml of 80 μ M L2-9 was added to give a final L2-9/DFO concentration of 40 μ M. All four tubes were incubated at 37°C for 2 h. After the 2 h incubation, the cells were washed thrice with RPMI washing solution and cultured in normal growth medium. Parasitemia was determined daily by microscopical counts of number of parasites per 1000 cells.

ESR measurements: Spectra were recorded with a Varian E4 X-band spectrometer (9.5 GHz) with a field modulation frequency of 100 kHz, using non-saturating microwave power and modulation amplitude of 1 G. Measurements were made using a gas permeable teflon capillary which was inserted inside quartz tubing and placed in spectrometer.

Spectroscopic measurements: Measurements were made with a dual beam Kontron model Uvikon 860 spectrophotometer at room temperature in quartz curvettes with optical path length of 1 cm. In order to prevent hydrolysis, iron was initially dissolved in sulphuric acid at pH 2.0 and complexed to the chelator anaerobically at the acid pH, [L2-9]/[iron] = 1:1. The concentration was adjusted to 0.5 mM L2-9 with tripple distilled water. Just before use, the pH of the complex was adjusted to 7.2 using HEPES buffer to give a final L2-9-Fe concentration of 50–100 μ M and 40 mM buffer concentration.

RESULTS

The exposure of the parasites to $20 \,\mu$ M L2-9 for 2 h resulted in inhibition of the *P. falciparum* growth. This inhibitory effect could be reversed by adding an equimolar concentration of DFO. This reversal action was observed only when the parasites were suspended first in DFO medium for 15 min followed by addition of the chelator (L2-9). If the parasites were added to a mixture containing DFO and the pyridoxal-based chelator, no effect of DFO was observed (Figure 1).

Spectrophotometric studies showed that under anoxic conditions and at pH 5.0-5.6, the reaction between the ligand and Fe(II) gives rise to a green coloured complex characterised by an absorption band $\varepsilon_{L2.9-Fe(II)}^{507mm} = 5.25 \text{ mM}^{-1} \text{ cm}^{-1}$. Within 30-60 min and even in the absence of oxygen, the green L2-9-Fe(II) chelate gradually changes to a red L2-9-Fe(III) chelate having an extinction coefficient $\varepsilon_{L2.9-Fe(II)}^{474nm} = 19.05 \text{ mM}^{-1} \text{ cm}^{-1}$ (Figure 2). The L2-9-Fe(III) generated from L2-9-Fe(II) under anoxic conditions was spectrometrically similar, though not equal to that formed by the direct chelating of L2-9 to Fe(III) ion, having $\varepsilon_{L2.9-Fe(III)}^{44nm} = 60.8 \text{ mM}^{-1} \text{ cm}^{-1}$. The anoxic conversion of L2-9-Fe(II) to L2-9-Fe(III) indicates some intramolecular redox process which presumably involves a one electron transfer and is therefore expected to yield some



FIGURE 1 Effect of Desferrioxamine (DFO) on the antimalarial activity of L2-9. Gelatin synchronized parasites *P. falciparum* culture was dispensed in aliquots of 5 ml of either normal medium (control), L2-9, DFO or L2-9 + DFO. All concentrations were $40 \,\mu$ M at final hematocrit of 4% and a parasitemia of 0.2%. They were incubated at 37°C for 2 h. In the case of L2-9 + DFO, DFO was first added and left to stand for 15 min before addition of L2-9. After incubating for 2 h, parasites were washed thrice with RPMI 1640 washing solution and cultured in RPMI complete medium. Parasitemia was determined daily by microscope counts of number of parasites per 5 × 10³ erythrocytes. Each value represents an average of 3 counts.



WAVELENGTH

FIGURE 2 Absorption spectra of the anaerobic oxidation of Fe(II) to Fe(III) by L2-9. 1 mM Fe(NH₄)₂ (SO₄)₂ in 10 mM sulphuric acid at pH 2.0, was complexed to L2-9 anaerobically in a ratio of [L2-9]/[iron] = 1:1. The concentration was adjusted to give $50 \,\mu$ M (L2-9)-Fe(II) in 40 mM HEPES buffer pH 7.4. Change in spectra with time after complexing were (a) 20 min; (b) 1 h; (c) 2 h; (d) 3 h; and (e) 20 h. The assay was performed anaerobically at room temperature using a dual beam Kontron model Uvikon 860 spectrophotometer.



FIGURE 3 Electron spin resonance (ESR) spectra of L2-9-Iron complexes. L2-9-Fe(II) was prepared anoxically and immediately scanned for ESR signal in the presence and absence of cells, (a) 15 mM PBN; (b) 135 mM DMPO; (c) in the presence of 15 mM PBN and $10^9 P.$ falciparum schizonts/ml; (d) (L2-9)-Fe(III), 15 mM PBN and $10^9 P.$ falciparum schizonts/ml.



reduced intermediate of the ligand L2-9. A tentative explanation for this observation is that Fe(III)-(L', X⁻) tends to enter into a demonstration reaction, as follows: $2Fe(III)-(L', X^-) \rightarrow Fe(II)-(L^+, X^-) + Fe(III)-(L^+, X^-)$. To investigate this possibility, the reaction was studied using electron spin resonance (ESR) spectroscopy. When the ligand-iron II complex was anaerobically prepared and scanned for the presence of free radicals, no ESR signal was detected. Because the lack of any observable ESR signal could be due to instability of the active intermediates, the spin trapping technique was utilized. L2-9-Fe(II) was anaerobically incubated in the presence of spin traps such as PBN and DMPO. In the presence of either PBN or DMPO, six lines ESR signals were accumulated and persisted. Both ESR spectra were characteristic of a carbon centered spin adduct having $\mathbf{a}_N = 15.75$ G and $\mathbf{a}_H =$ 4.25 G of PBN-R' (Figure 3a) and $\mathbf{a}_N = 15.75$ G and $\mathbf{a}_H = 23.5$ G of DMPO-R' (Figure 3b) respectively. The same ESR signals were observed when the experiments were repeated under aerobic conditions but no spin adducts of 'OH or O₂' were detected.

L2-9-Fe(III), unlike L2-9-Fe(II), did not elicit any detectable spin adduct. It was therefore anticipated that in the presence of metabolising cells, which are capable of reducing Fe(III) to Fe(II), the generation of free radicals by both chelates would be potentiated. When the experiments were repeated using *Plasmodium falciparum* (10^9 schizonts/ml), the chelates of both Fe(II) and Fe(III) gave rise to ESR signals identical to those observed in cell-free systems (Fig. 3c and 3d). However, the spin adduct signal generated by L2-9-Fe(II) was bigger than that formed by L2-9-Fe(III).

DISCUSSION

In this study we have shown that the chelator L2-9 (L^+ , X^- in chart) induces the production of free radicals in the presence of Fe(II). In the presence of metabolising cells or reducing agents, free radicals were produced by both Fe(II) and Fe(III). It thus appears that L2-9 inhibits the growth of parasites not just by the simple chelating process of iron withholding, but by the generation of free radicals. The death of parasites after two hours of incubation with L2-9 is attributable to some active intermediates induced by the chelator in the presence of Fe(II) rather than a simple nutritional deprivation of iron.

The production of oxygen-derived free radicals via the iron catalyzed Haber-Weiss reaction is well documented. However, considerable controversy exists as to whether the natural sequestered forms of iron or possibly other transition metal ions are effective in catalyzing this reaction.¹⁸⁻²³ The activity of iron is dependent upon the ligand to which the metal is complexed, since various chelators alter the redox potential and the reactivity of the bound metal ion to varying extents.^{24,25} Iron chelators such as EDTA and DTPA inhibit or increase lipid peroxidation stimulated by chelatable iron depending on the ratio of chelator to iron, whereas DFO inhibits at all concentrations tested.²⁶⁻²⁸ Clark et al.²⁹ have reported the in vivo and in vitro killing of *Plasmodium vinckei vinckei* and *Plasmodium falciparum* by *t*-butyl hydroperoxide (*t*-BHP) which generates oxygen derived free radicals. It was also shown that alloxan, a generator of reactive oxygen intermediates, cleared mice of lethal infection with *Plasmodium vinckei*.¹³ In both experiments, pre-treatment with DFO for 15 min reportedly abolished the action of *t*-butyl hydroperoxide and alloxan. The present results suggest that free radical intermediates are instrumental in L2-9 toxicity

towards the parasites. The failure, however, to detect DMPO-OH spin adduct in the present study and the anoxic toxicity of L2-9 do not support the hypothesis that oxygen-derived radicals such as OH or superoxide, play any role in the drug's effect.

Oxidant generating drugs have been previously shown to have anti-malarial properties,³⁰ but the precise mechanism by which the human malarial parasite is killed by a variety of radical generating systems still remain unclear. The data produced here permits to suggest that the death of the parasite is likely caused by a sort of damaging process arising from the break down of an essential component of the cell, such as the DNA macromolecule. Evidences indicating damage to DNA by L2-9-Fe(II) is forthcoming.³¹ This is substantiated by the appearance of ESR signals only when living cells are present in a mixture of the chelate L2-9-Fe(III) with spin traps such as PBN or DMPO, indicating that living cells are involved in a type of single electron-transfer [SET] as expressed by Eq. 3. The tendency of the DNA macromolecule to function as an electron-transfer oxidant (an electron acceptor) in redox reactions, is well documented.^{32,33} It is plausible therefore to suggest that the iron chelate assumes most likely the role of an electron-transfer-reductant (an electron donor) in the latter process.^{34,35} Accordingly we attribute reductive properties to the carbon-centered free radical of structure (L, X^-)-Fe(III) (see chart). The latter most likely arises from a reversible intramolecular SET shift (Eq. (2)), involving an initially formed (L⁺, X⁺)-Fe(II) intermediate (Eq. (1)). The (DNA)⁻ anion radical (eq. (3)) is known to be highly labile, tending to fragment and thus leading to the death of



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the cell.

$$[H_2L^+, X^-] + Fe^{2+} \longrightarrow 2H^+ + [L^+, X^-] - Fe(II)$$
(1)

$$[L^{+}X^{-}]-Fe(II) \xrightarrow{intramolecular} [L^{+}, X^{-}]-Fe(III)$$
(2)

$$[L^{+}, X]$$
-Fe(III) + DNA (parasite) SET $[L^{+}, X^{-}]$ -Fe(III) + $[DNA]^{2}$ parasite (3)

$$Parasite-[DNA]^{\perp} \longrightarrow Decomposition products$$
(4)

Because of the low concentration of the ligand $(20 \,\mu\text{M})$ for effective antimalarial activity, its mode of action could not be explained in terms of mass-action alone. It could however be understood in terms of steady-state theory, by which the truly active species, namely, the carbon-centered free radical (L⁺, X⁻)-Fe(III) is regenerated in the presence of living cells as soon as consumed. The free radical regeneration could be envisioned to result from a cascade of redox events involving ubiquitous cell reductants by (red-(I)-H₂), (red-(II)-H₂). etc., with matching electrochemical gradient as expressed by Eqs. (5) and (6).

$$2[L^+, X^-] - Fe(III) + [red - (I) - H_2] \longrightarrow 2H^+ + [L^+, X^-] - Fe(III)$$
(5)

$$[ox-(I)] + [red-(II)-H_2] \longrightarrow [red-(I)-H_2] + [ox-(II)]$$
(6)

Essentially it suggests that the antimalarial free radical species (L^{\cdot}, X⁻]-Fe(III) plays a pivotal role in catalyzing the generation of electrons from ubiquitous cell reductants, and in mediating the transfer of the electrons to the parasite-DNA, by a multi-stage ET process, as outlined below:

$$[red-(I)-H2] + 2DNA-parasite \xrightarrow{catalyst} [ox-(I)] + 2H^+ + 2[DNA-]^- parasite. (7)$$

The novel type of lipophilic-hydrophilic chelator based on pyridoxal-betaine (L2-9) described here is a representative of a family of new antimalarials operating by a hitherto unknown mechanism involving the generation and transfer of electrons from cell reductants to the parasite DNA (Eqs. (3–7)). The death of the parasite is believed to follow from the breakdown of the resulting DNA anion radical ([DNA]²) (eqn. 4).^{36,37}



The greater susceptibility of parasitized erythrocytes to oxidant damage,^{14,38} and the relative abundance of iron in parasitized cells provide a number of possibilities for the design of new anti-malarial drugs based on intracellular iron dependent radical inducers.

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